

# SCHOOL GAMES FESTIVAL RULES



## TEAMS

A DODGEBALL TEAM CONSISTS OF 6 PLAYERS WITH A SQUAD MADE UP TO A MAXIMUM OF 8.

GAMES ARE CALLED SETS, WHICH ARE PLAYED TO 2 MINUTES WITH A MATCH CONSISTING OF 3 SETS



## DODGEBALLS

PRIMARY SCHOOL DODGEBALL IS PLAYED WITH 3 SIZE 1 FOAM DODGEBALLS. SECONDARY SCHOOL DODGEBALL IS PLAYED WITH 5 SIZE 2 CLOTH DODGEBALLS.

## START OF PLAY

THE DODGEBALLS ARE PLACED ALONG THE CENTRE LINE. THE BALL(S) ON A TEAMS LEFT IS/ARE THEIR DESIGNATED BALL(S). THE CENTRE BALL IS THE ONLY CONTESTED BALL.



## HITS

ANY PLAYER THAT IS STRUCK BY THE OPPOSING TEAM WITH A BALL THAT HASN'T BOUNCED OR HIT ANOTHER SURFACE FIRST IS OUT. FACE SHOTS DO NOT COUNT.

## CATCHES

ANY CATCHES ON A LIVE BALL WILL BE VALID. THE PLAYER WHO THREW THE CAUGHT BALL WILL BE OUT AND THE CATCHING TEAM WILL GAIN ONE PLAYER FROM THE OUTBOX.



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## LINES

PLAYERS ARE ENCOURAGED TO STAY INSIDE THE COURT MARKINGS. PLAYERS MAY LEAVE THE COURT TO COLLECT BALLS BY PUTTING THEIR HANDS UP AND ASKING THE REFEREE. NO PLAYERS ARE ALLOWED TO STEP INTO THE OTHER TEAMS SIDE OF THE COURT.



## LIVE BALLS

A BALL IS LIVE UNTIL IT HITS A FLOOR, WALL OR ANY OTHER SURROUNDING SURFACE. MULTIPLE PLAY IS POSSIBLE WITH A LIVE BALL.



## BLOCKING

PLAYERS ARE ABLE TO USE A BALL IN THEIR POSSESSION TO BLOCK AN INCOMING BALL. IF THE BALL THEY ARE HOLDING IS KNOCKED FROM THEIR POSSESSION THEY WILL BE OUT.



## PLAY BALL

PLAYERS SHOULD BE ENCOURAGED TO NOT STALL THE GAME. WHEN A REFEREE CALLS 'PLAY BALL' A TEAM WILL HAVE 5 SECONDS TO THROW.



## MULTIPLE PLAY

YOU CAN GET MORE THAN ONE PLAYER OUT IF YOUR THROW DEFLECTS OFF ONE PLAYER AND HITS ANOTHER. LIKEWISE IF YOUR THROW IS CAUGHT BY AN OPPOSING PLAYER AFTER IT HAS HIT ANOTHER PLAYER YOU WILL STILL BE CALLED OUT. ALL MULTIPLE PLAY SCENARIOS ARE POSSIBLE WHILST A BALL IS STILL LIVE.

FOR THE FULL RULES OF DODGEBALL  
AND INFORMATION ON  
COURT SIZES VISIT:  
[WWW.BRITISHDODGEBALL.ORG/RULES](http://WWW.BRITISHDODGEBALL.ORG/RULES)