BRITISH DODGEBALL COACH EDUCATION PATHWAY

OUR COURSES

Get Into Coaching
INTRODUCTION

Coaching can be highly rewarding. Through coaching, you can not only help others to be active, improve and connect but also develop skills for life such as leadership, confidence, adaptability and organisation. Behind every great dodgeball player is a great coach, and in the UK, there are more than 3000 qualified dodgeball coaches ranging from those delivering beginner sessions at schools and youth groups to those working with our high performance players at national team level.

THE COACH’S JOURNEY

This document maps out the progression of a coach throughout the British Dodgeball Coach Education Pathway from a young leader up to an international head coach. This should help to increase your awareness of the training opportunities which British Dodgeball can provide.

LEVEL 3 COACHING AWARD
Required for international team coaches
Recommended for club head coaches
Prerequisite: 16+, Level 2 coaching award

LEVEL 2 COACHING AWARD
Minimum deployment requirement for club coaches & professional sport coaches
Prerequisite: 16+, Level 1 coaching award

LEVEL 1 COACHING AWARD
Recommended for assistant club coaches, teachers & community leaders
Prerequisite: Age 14+

INTRODUCTORY COURSES & WORKSHOPS
Recommended for anyone involved in coaching, leading & teaching dodgeball
Prerequisite: None

MINIMUM DEPLOYMENT REQUIREMENTS:
Safeguarding, first aid, criminal records check
INTRODUCTORY COURSES

These courses have been designed to give coaches, teachers and leaders a suitable introduction to the rules, skills and tactics involved in dodgeball as well as covering the role of a coach or leader. For further details including costs, please visit our Coaching Courses webpage.

Pre-requisites: None

BRITISH DODGEBALL LEADERS WORKSHOP
Participant numbers: 10-24
Participant type: 7-18 year olds
Our leadership workshop can be delivered to any primary or secondary school group from the age of 7 – 18. Our experienced instructors can tailor the course to the needs of the specific group over 3 hours in the school hall. Leaders will learn the importance of health & safety, basic dodgeball skills, communication, an introduction to coaching and the rules of the sport. Leaders will also have a lot of fun playing dodgeball and learning new and inclusive games. This course can be tailored to teach young leaders how to referee interschool competitions and School Games events.

BRITISH DODGEBALL INTRODUCTORY WORKSHOP
Participant numbers: 10-24
Participant type: Primary teacher, PE teacher, Sports coach
Our introductory workshop is perfect for those wishing to refresh their knowledge of dodgeball or for those completely new to the sport. The 1-3 hour workshop is very much practical based and will be ideal for teachers, club volunteers and workplace staff. This course can also be tailored to your needs, such as bespoke to primary school dodgeball delivery or for a workplace challenge event. This short course covers skills, rules and the delivery of dodgeball as part of a broad PE curriculum.

INTRODUCTION TO DODGEBALL COURSE
Participant numbers: Individual
Participant type: Anyone
This course gives an introduction to the correct rules, equipment and sporting code used in dodgeball. It will also help you consider how to lead safe sessions and coach the basic skills of dodgeball. It is ideal for young leaders, community leaders, youth group leaders, club volunteers and parents wishing to learn about the game. This course is accessible through our online coaching courses webpage.
INTRODUCTION TO SCHOOL DODGEBALL COURSE
Participant numbers: Individual
Participant type: Primary teacher, PE teacher, Sports coach
This course is specifically aimed at those working in school environments. It gives an introduction to the correct rules, equipment and sporting code used in dodgeball. It will also help you consider how to lead safe sessions and coach the basic skills of dodgeball. Finally, this course contains school-specific pages which will help you to adapt dodgeball for PE lessons, planning and teaching effectively. The course also gives some information regarding adult dodgeball to give ideas of the full progression of the sport. This course is accessible through our Online Coaching Courses webpage.

INTRODUCTION TO COACHING DODGEBALL COURSE
Participant numbers: Individual
Participant type: Dodgeball player
This course is aimed at players who know the rules of dodgeball and now wish to begin their journey as a coach, giving an introduction to the coaching approaches which can be used in the sport. This course will also help you consider how to understand the groups you work with, plan and lead safe sessions and coach basic skills in a way that can be easily digested by players. This course is accessible through our Online Coaching Courses webpage.
Our dodgeball coach pathway has been designed to progressively train a coach to understand both coaching approaches in addition to dodgeball-specific technical and tactical skills.

**BRITISH DODGEBALL LEVEL 1 COACHING AWARD**
Participant numbers: Individual / 10-24
Prerequisites: Age 14+
It is our belief at British Dodgeball that the training we provide will enable coaches and those working with groups to empower people from all different walks of life to be healthy, active and enjoy the full benefits of sport and physical activity. Our Level 1 Coaching Award provides candidates with a knowledge of the sport's rules, skills and tactics in addition to covering working with different participants, how to be inclusive and provides an understanding of the importance of a positive well-being, improving self-esteem and taking part.

This course is available face to face for group of more than 10 people and online for individuals. For further details including costs for the face to face course, please visit our Coaching Courses webpage. The online version of the course is accessible through the Online Coaching Courses webpage.

**BRITISH DODGEBALL LEVEL 2 COACHING AWARD**
Participant numbers: Individual / 10-24
Prerequisites: Age 16+, British Dodgeball Level 1 Coaching Award (from September 2021)
Our Level 2 course is an 8 hour practical course that is perfect for anyone wishing to coach dodgeball within their community at clubs, universities, schools or colleges. Going into more detail than the Level 1, participants will understand dodgeball rules and game play, core skills of the sport, coaching, variations and inclusive practices, refereeing, planning and delivery and assessing players. This qualification enables participants to deliver dodgeball sessions independently, and all member clubs must have at least one coach that is qualified to this level.

The course is run at various times and locations around the country for individuals and as a closed course for organisations which have 10 or more participants and can a venue. For further details including costs for the face to face course, please visit our Coaching Courses webpage. To book a place as an individual, you can find a list of Upcoming Courses here.
DODGEBALL COACH PATHWAY

BRITISH DODGEBALL LEVEL 3 COACHING AWARD
Participant numbers: Individual / 10-18
Participant type: Club head coach, International team coach
Prerequisites: Aged 16+, British Dodgeball Level 2 Coaching Award, access to a club or session to coach at during experiential learning

This is the most advanced dodgeball coaching course in the world. Holding a British Dodgeball Level 3 Coaching Award is a requirement for international coaches and also suitable for developing club head coaches.

This course is delivered over 2 days by an experienced British Dodgeball instructor. Between days 1 and 2, candidates will be required to complete 30 hours of experiential learning. Candidates are required to present their learning under assessment on day 2 of the course, which can be arrange face to face or online depending upon participant needs.

Included in the course are modules on the role of the level 3 coach; tactics; strategies and game play; player development; facilitating coach development and understanding your participants' needs.

The course is run at various times and locations around the country for individuals and as a closed course for organisations which have 10 or more participants and can a venue. For further details including costs for the face to face course, please visit our Coaching Courses webpage. To book a place as an individual, you can find a list of Upcoming Courses here.
MINIMUM DEPLOYMENT REQUIREMENTS

This section outlines requirements for coaches to lead sessions and how British Dodgeball can support you on your coaching journey.

PUBLIC LIABILITY INSURANCE
British Dodgeball offers public liability insurance to member clubs and individuals with coaching accreditation.

DISCLOSURE CHECKS
In line with our safe Recruitment Policy, regulated activity should only be delivered by those who hold evidence of a disclosure check. British Dodgeball offer disclosure checks for all member clubs and individuals who hold coaching accreditation. You can access this service on our Disclosure Checks webpage.

SAFEGUARDING AWARD
Safeguarding awards are a minimum deployment requirement for those working with young people and vulnerable adults. Our partners UK Coaching offer a NSPCC-endorsed online safeguarding course.

FIRST AID TRAINING
First aid training is another minimum deployment requirement for individual sports coaches, and all clubs must ensure they have access to a first aider at all times both at training sessions and during competition. Local first aid training is available through Active Partnership.