

BRITISH DODGEBALL

# SCHOOLS

★★★

# CHAMPIONSHIPS



BRITISH  
DODGEBALL

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# INTRODUCTION

WELCOME TO OUR 22/23 SCHOOLS CHAMPIONSHIPS GUIDE. READ ON FOR MORE DETAILS!



## EDUCATION MEMBERSHIP

British Dodgeball offers free club membership to all schools, colleges and universities. Becoming a member of British Dodgeball provides us with the opportunity to better understand your needs for dodgeball and how we can support you. Membership is active for 1 year from registration. Sign up for a FREE [Education Membership](#) via our membership platform Just Go.

The Education Membership gives you the following benefits:

- 50% discount on the British Dodgeball [Introduction to Officiating Dodgeball](#) online course
- 50% discount on the British Dodgeball [Introduction to School Dodgeball](#) online course
- Entry into a bi-monthly prize draw to win equipment for your school
- Eligible to participate in British Dodgeball Schools Championships events



## SCHOOLS CHAMPIONSHIPS

Our ambition for the 2022/2023 academic year is to host over 50 school competitions, one in each county (more in areas of high demand), across England.

This guide provides schools with all the information they should know about the Schools Championships Pathway. Specific information will be sent to each school regarding the competition they have entered upon receipt of a completed entry form. The event schedule and invoices will be sent once the event entry deadline has passed or when all spaces have been filled.

- Schools Championships are open to children in year 6 but children in younger years can attend at the discretion of the competing school.
- Teams can have a maximum of 10 players
- At the start of a set six players should be on court, with a minimum of two boys and two girls on court.
- Each competition will be run by British Dodgeball staff in association with the listed college or secondary school, using their Sports Leaders to officiate,
- All events will be run to our [Under 11's rules](#).
- Each Schools Championship event has space for 12 teams
- There is a £65 entry fee applicable per team entered. This includes one place on the online Introduction to School Dodgeball course per team.
- A trophy will be presented to winner of each county competition as well as bespoke British Dodgeball Schools Championships medals for the top 3 placed teams in each regional competition.
- At each competition there will be a certificate awarded to the team that we feel best displays and follows the [Dodgeball Code](#).



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# ENTER A SCHOOLS CHAMPIONSHIP

## SIGN UP NOW!

You can enter a School Championship from September 1st 2022 by completing and submitting the [entry form](#), which can be used to enter up to 3 teams at once. The deadline for entering teams into a schools championship is two weeks before the event is due to take place. The event schedule will be sent to the competing teams once entries have been finalised, this will be when the event is full or when the entry deadline is reached.

## SCHOOLS CHAMPIONSHIPS COSTS

Entries are £65 per team. This entry fee provides access to [Introduction to School Dodgeball](#) online course for one member of staff. Schools will be invoiced for their entries once the event is full or when the event entry deadline is reached. This invoice will be sent directly to the school bursar contact provided on your entry form. If you have any questions about payment please contact [alice@britishdodgeball.com](mailto:alice@britishdodgeball.com).

## NATIONAL FINALS

The National Finals will be held at Fenton Manor Sports Complex, on Tuesday 11th July 2023. There will be no additional entry fee to attend the National Finals. Information regarding qualification for the National Finals can be found on the Schools Competitions page.



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# RULES

## PLAYERS

6 players on a team

10 players maximum in a squad

Substitutes should sit in the outbox or act as ball retrievers

Substitutes can be made between sets

## TIMINGS

Set length = 2 mins

Match length = 2 halves of 3 sets (6 sets in total)

## WINNING A SET

Eliminate all opposing players

Or...

Have more players remaining on your side at the end of a set

## WINNING A MATCH

A team wins a match if they have more points

2 pts for a set won, 1 for a set drawn, 0 for a set lost

In group tables, a team will receive 2 pts for a match won, 1 for a match drawn, 0 for a match lost

If a match is drawn in knockout or playoff matches, a 1 minute overtime set will be played where teams restart with 6 players. If a match is still drawn, then sudden death will be played

## START OF PLAY

3 balls are placed along the centre line

The ball on a team's left is their designated ball

The centre ball is the only contested ball

A ball is not live until it is passed back beyond the return line

## LIVE BALLS

A ball is live until it hits a floor, wall or any other surrounding surface

Multiple play is possible with a live ball

## HITS

Any player struck with a live ball by an opposing player will be called out

Face shots do not count unless a player's face stops the ball from hitting their body

A player using their face to block the ball hitting other parts of their body will be called out

## CATCHES

Any catch on a live ball will be valid. The player who threw the caught ball will be called out and the catching team will gain one player from the outbox

## BLOCKING

Players are able to use a ball in their possession to block an incoming ball. If the ball they are holding is knocked from their possession, they will be called out



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# RULES

## STALLING

Players should not intentionally stall the game. Once a team has possession of 2 or 3 balls, they should look to make an attempt with at least one of those balls. When a referee calls 'play ball', a team has 5 seconds to throw. If they do not then players holding balls will be called out

Teams can keep one ball after 'play ball' has been called, and must throw the rest.

## MULTIPLE PLAY

The following are examples of multiple play:

A player will be called out if they are hit by a ball that has deflected off a teammate whilst it is still live

A catch is valid if it has deflected off a teammate whilst it is still live – in this circumstance the hit player plus the thrower will be called out – if the hit player is the first one out, then they will immediately return to the court

## LINES

Primary dodgeball is played using the under 11s court

Players are encouraged to stay inside the court markings and will be called out for stepping over the side/back lines

Players may not leave the court to collect balls, ball retrievers should collect the balls and place them back into play behind the ball return line

## OUTBOXES AND SUBSTITUTES

When out players must stand in the designated outbox area in the order in which they were out. Any substitutes must sit in the designated outbox area. Substitutions can be made between sets. Substitutes can act as ball retrievers, but should be easily distinguished from players on court.

Please remember that referees are human and cannot see everything that happens on court, please do not argue or dispute decisions. We expect all



# THE COURT

For under 11's, the recommended court size is 14m x 8m. Players who touch the outside lines or step over these in the under 11's game will be called out,

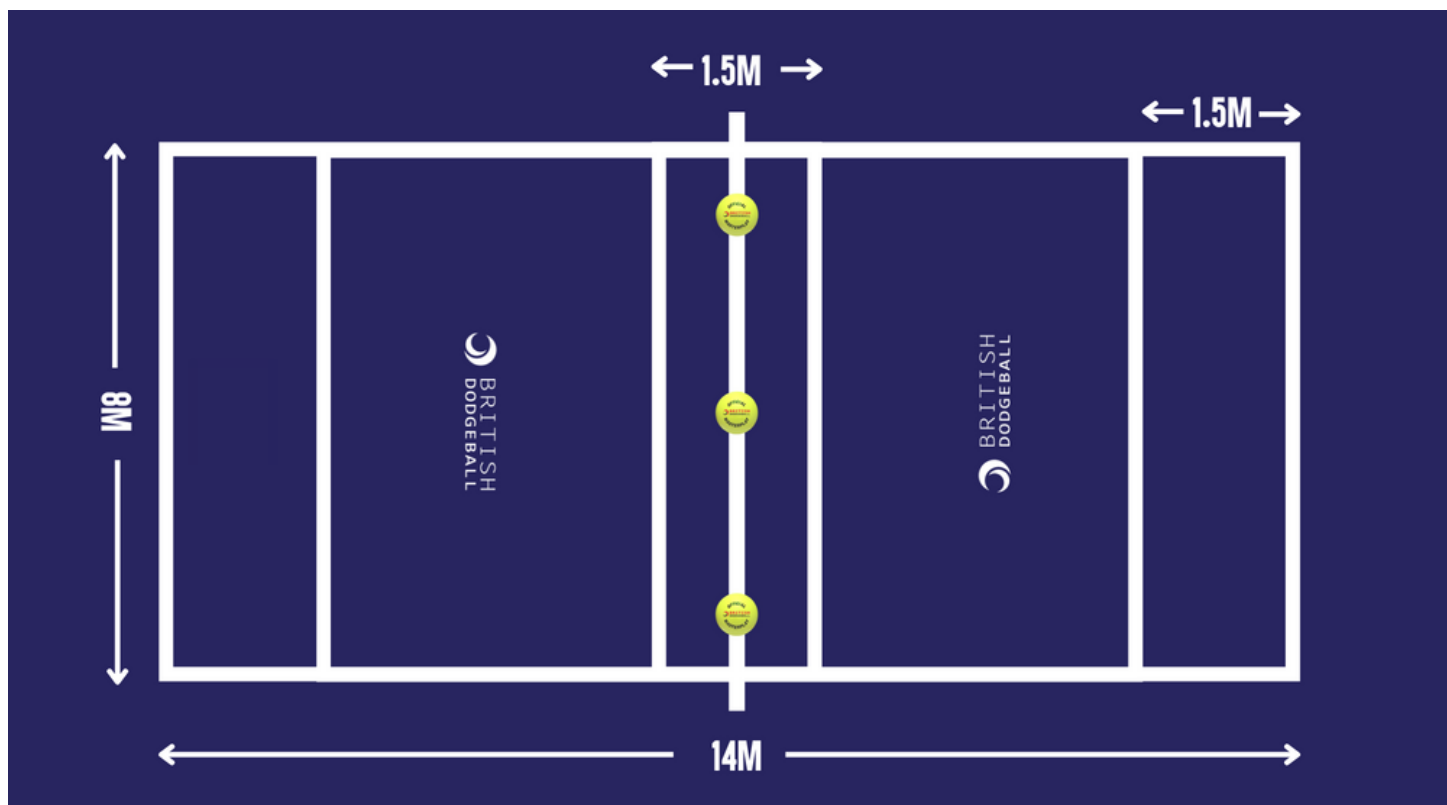
A "centre line" will be marked across the court at exactly halfway between the back lines (or walls if playing wall to wall). Players competing for the centre ball will be called out for stepping on or over the centre line during the opening rush.

Markings are recommended at 1.5m, 3m and 4.5m along the centre line to indicate where the three balls should be placed at the start of play.

"Contested ball safety lines" are recommended 0.3m either side of the centre line for the central ball, indicating to runners where it is recommended they stop for safety when contesting the middle ball. Players will not be called out for stepping on or going over the "contested ball safety lines"

A "neutral zone" will be marked with 1.5m total width, by lines that are 0.75m either side of the centre line. These two lines will be called the "neutral zone lines". Players from both teams are allowed in the neutral zone, but are not allowed on or over the furthest neutral zone line.

The "return line" used will be 1.5m from the back line.



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# THE DODGEBALL CODE

RESPECT HONESTY FAIR PLAY INTEGRITY

When I play dodgeball, I make myself proud.

I will play by the rules and be honest at all times.

I will try my best in every game and let my passion show.

I will respect my opponents, and always demonstrate fair play.

If I'm not sure what happened, I will ask referees and others around me.

I will respect their decisions.

I know that playing with integrity makes dodgeball more enjoyable for all.

This drives the sport forwards.

The future of dodgeball is here.

**Come join in.**



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# FURTHER OPPORTUNITIES

## DODGEBALL IS NOT JUST ABOUT COMPETITION!



### INTRODUCTORY WORKSHOP

Our [introductory workshop](#) is perfect for those wishing to refresh their knowledge of dodgeball or for those completely new to the sport. The 1-3 hour workshop is very much practical based and will be ideal for teachers, club volunteers and workplace staff. This short course covers skills, rules and linking dodgeball in to PE lessons.

### INTRODUCTION TO SCHOOL DODGEBALL - ONLINE COURSE

Our [introduction to school dodgeball online course](#) is specifically aimed at those working in school environments. It gives an introduction to the correct rules, equipment and sporting code used in dodgeball. It will also help you consider how to lead safe sessions and coach the basic skills of dodgeball. Finally, this course contains school-specific pages which will help you to adapt dodgeball for PE lessons, planning and teaching effectively.

### LEADERSHIP COURSE

British Dodgeball Leaders Workshop can be delivered to between 10 and 24 participants aged 7-18. The 3 hour course will teach leaders the importance of health and safety, basic dodgeball skills, an introduction to coaching and communication, and the rules of the game. The leaders will have lots of fun playing dodgeball, whilst learning lots of new and inclusive games. If you are interested in booking a leadership course contact [hello@britishdodgeball.com](mailto:hello@britishdodgeball.com) or register your interest on our [website](#).

### STARTING A NEW JUNIOR CLUB

If you are interested in setting up a new junior club, or looking to start an after school club, we have a plenty of free resources you can use. Find resources to [support club set up](#) or resources to help with [session ideas and plans](#) on our website. Our Youth Development Manager, Alice is always happy to help. Email her via [alice@britishdodgeball.com](mailto:alice@britishdodgeball.com).

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2022/23

# SEE YOU ON THE COURT

