

Inclusive Rule Adaptations

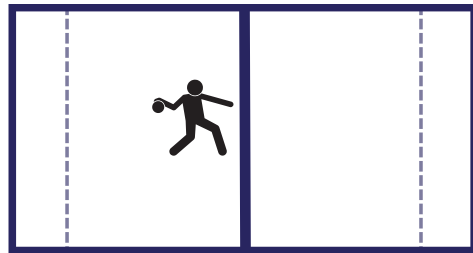
The Inclusive Rules Adaptations serve to make dodgeball more accessible to new players. These are changes which British Dodgeball and others can make to their dodgeball events to simplify specific rules whilst still following the correct general ruleset of the sport. These have been developed by surveying players, coaches and teachers through Dodgeball Surveys and at British Dodgeball events.

Any Inclusive Rules Adaptations selected below will supersede any other relevant British Dodgeball rules and/or regulations.

To adapt a rule, simply tick each relevant box in the bottom corner, and distribute this sheet alongside the rules documentation in advance before your event.

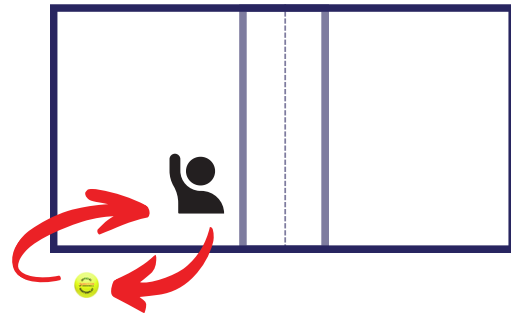
IRA 1: NO NEUTRAL ZONE

Remove the neutral zone element of the game, and use one central line which players must throw from behind. The court could be shortened slightly to keep the distance between throwing line and back line the same (6.25M for u11 and 7.75m for all other age groups), meaning this can fit into smaller spaces.



IRA 2: NO BALL RETURN LINE

Remove the ball return line element of the game. From the opening rush, players must be in possession of the ball in close proximity (<2m) to the back line (or touching a back wall if playing wall-to-wall) to activate the ball. When a ball is passed back on to court from a retriever, the player must be stood in close proximity (<2m) to the back line or back wall to activate the ball.



IRA3: SIMPLIFIED TIMINGS

Remove the match timer. Play a pre-determined number of 2-minute sets (u13/u15) or 3-minute sets (u17/adult) instead.*



IRA4: INTENTIONAL INVALID ATTEMPTS

Adapt the invalid attempt rule. Referees will only warn and subsequently call players out for making an invalid attempt if they deem the player to have missed a target by more than 1 metre intentionally.**



IRA5: SELF-RETRIEVAL

Remove the retriever element from games. Players self-retrieve off-court balls by putting their hand up and leaving court before re-entering by crossing the back line or touching the back wall. Players are not part of the game once they have left court, and so cannot be eliminated or make plays until they return.



*IRA3 already applies to the u11 age category.

**IRA4 already applies to the u11, u13 and u15 age categories.